

# COVID - 19 Safety Plan

## OVERVIEW

Implementation of safety guidelines to minimize the spread of Covid-19 during community swims based on guidance received by the Center for Disease Control and Prevention (CDC), Kent County Health Department (KCHD), and State of Michigan Executive Orders (EO).

## GOALS

Ensure staff and community members are following identified COVID-19 safety protocols

## BUILDING ENTRY

- Do not enter the building more than 5 minutes prior to your scheduled time
- Please use the lower level entrance, Door B
- Complete the health screener **prior** to entry by using the camera on your phone. If you do not have a phone with a camera, you must call the office at 616-493-8950 prior to arrival to go through the screening process
- Do NOT enter the building if you are not feeling well
- Masks
  - Must be worn properly by covering the nose and mouth
  - Masks must be worn at all times in the building, other than when in the pool and when showering
- Check-in with the entry monitor attendant just inside the door B entrance
  - The entry monitor attendant will issue a locker number to use

## LOCKER ROOM - BEFORE SWIM

- Entry into the locker room will be allowed at your scheduled time.
- Change quickly and take a soaking shower before going into the pool area. It is recommended that you wear your bathing suit under your clothes upon arrival to save time

## LAP SWIM

- There are eight lap lanes provided. One person per lap lane. Each lane is 7-feet wide.
  - If you are able to enter and exit safely without using the steps or ladder, please use one of the middle lanes
  - An ADA-approved lift is available
  - Lap lanes may be used for swimming or any on-your-own exercise. Playing in the pool is not allowed
- Kickboards and water weights will be available. Please place them in the “used” bin after use
- All drinking fountains are currently turned off. The bottle filler upstairs is operational. It is recommended that you bring water with you
- Please exit the pool at your scheduled end time, regardless if the next person is present or not
- ABSOLUTELY NO SPITTING OR BLOWING OF THE NOSE INTO THE POOL OR GUTTER WILL BE TOLERATED.

## **LOCKER ROOM - AFTER SWIM**

- You are allowed ten-minutes in the locker room after your swim.
- Use of the locker room is reserved for brief showering after your swim, changing clothes, and bathroom use only
  - Other activities such as hair drying/styling and makeup application are not permitted at this time

## **OTHER PROVISIONS**

- The locker rooms and high touchpoints will be disinfected throughout the day
- There are several hand sanitizing stations throughout the building
- Staff are required to wear a mask
  - Lifeguards will remove their mask should they need to enter the water to perform a rescue
- All equipment that was used will be disinfected prior to being put back in use

We are excited to be able to offer an opportunity for everyone to get back in the water. By adhering to the above guidelines we are able to serve as many people as possible while still adhering to COVID-19 safety protocols.

We will make adjustments as needed to make this a smooth and safe process. This document will be updated to comply with those adjustments. Please visit our website, [www.enjoylearning.com](http://www.enjoylearning.com) to view the COVID-19 safety protocols, other rules and regulations, and pool-related information.

Welcome back!



**Community Services**  
Forest Hills Public Schools